

THE WHITE HOUSE

WASHINGTON

August 11, 1977

MEMORANDUM FOR HEADS OF DEPARTMENTS AND AGENCIES

FROM: Jack Watson *Jack Watson*  
Secretary to the Cabinet

SUBJECT: Cardiopulmonary Resuscitation Training (CPR)

Cardiovascular disease is the country's number one killer. Cardiopulmonary Resuscitation Training (CPR) is the only method of acute help that can be administered by a lay-person to a person suffering a heart attack, and it takes only a few hours to learn.

The American Heart Association has undertaken a cardiopulmonary resuscitation training program for federal employees. The training will be based on the "Pyramid" model --- the American Heart Association trains a few key instructors in each agency, and they in turn train other federal employees.

If you would like your agency to take advantage of this service being offered by the Heart Association, it will be necessary for you to designate someone in your agency (perhaps the head of your employees' health unit or someone in personnel) to serve as the initial contact with the Heart Association. Your designee's immediate responsibilities would include the following:

- attending an orientation meeting with representatives of the Heart Association;
- identifying and signing up the persons in your agency who would be trained as instructors (I understand that approximately 16 hours are required for training instructors but only four to eight hours are required for each rescuer);

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- coordinating the place, time and other logistical details for the first training session in your agency;
- helping the agency instructors identify other employees to be trained and possibly helping them schedule the sessions;
- continuing throughout the training period to serve as a contact with the Heart Association, as necessary.

I understand that several agencies already have the necessary training equipment (mannequin, film, etc.) which could be shared so that no agency would need to purchase new equipment. The basic requirements from you as head of your agency are personal support for the program and making it possible for your employees to be trained without loss of pay for the time they spend in training sessions.

For further information about the training program, please have someone on your staff contact Mr. John Pilger (337-6400) at the Washington, D.C. Chapter of the American Heart Association.

MEMORANDUM FOR:

ER

*Re* ER 77-8756, OMS is  
not taking any action  
since we had our own  
program.

*Chris*

Date

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**EXECUTIVE SECRETARIAT**

**Routing Slip**

TO:

		ACTION	INFO	DATE	INITIAL
1	DCI		✓		
2	DDCI		✓		
3	D/DCI/IC				
4	DDS&T				
5	DDI				
6	DDA	✓			
7	DDO				
8	D/DCI/NI				
9	GC				
10	LC				
11	IG				
12	Compt				
13	D/Pers				
14	D/S				
15	DTR				
16	A/DCI/PA				
17	AO/DCI				
18	C/IPS				
19	DCI/SS				
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SUSPENSE		Date			

Remarks:

*For direct response, pls.*

Executive Secretary

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